

Alexandra Avery

PURELY NATURAL
BODY BOTANICALS



100% NATURAL
AROMATHERAPY APOTHECARY
SINCE 1975

Our body botanicals connect you directly to Nature. These concentrated products are 100% natural and provide an effective and affordable approach to complete skin care.

We formulate in small batches to insure the freshest possible skin food. Organic herbal extracts are blended with nut and vegetable oils, antioxidant vitamins and potent essential oils to detoxify and rejuvenate the skin.

Each product works in harmony with the skin, supporting and enhancing it's vital functions.

www.alexandraavery.com
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FACE AND BODY SPA BAR

Bring the luxury of a spa to your home. Nourish with fresh skin food of organic juices, essential oils and vegetable oils - so fresh, some need refrigeration.* Take three steps to rejuvenate your skin: 1) Cleanse. 2) Scrub and Exfoliate. 3) Mask and Moisturize.

FRESH SPA MENU

CITRUS COCONUT CLEANSER

Invigorating cleanse for all skin types with kaolin clay, vegetable oil soap, fresh organic orange juice, organic orange, lemon, grapefruit and lemongrass essential oils

SANDALWOOD AND SAGE CLEANSER

A cleanse, shaving cream and mask all in one, for men and women on the go, with kaolin clay, vegetable oil soap, sandalwood powder and essential oils of sandalwood, sage, cardamon.

ROSE CLEANSING CREAM*

Soothing rose petal softness for the most sensitive of skins with vegetable oils and essential oils of rose geranium, patchouli, rose. Use also as a soothing and nourishing mask.

PAPAYA PINEAPPLE SCRUB*

Vegetable oil soap with jojoba beads, fresh pineapple juice and fruit enzymes to deeply cleanse and exfoliate. Use daily and as a spa treat to massage over face and body, let dry and roll off dead skin.

PEPPERMINT POLISH

Rough skin is pumiced away, leaving a tingling afterglow of organic peppermint freshness. Feet must have this pleasure!

HIBISCUS SALT SCRUB

Exfoliate and moisturize with sea salt, almond oil, vit. E, hibiscus petals, essential oils of orange, geranium, ylang ylang.

VANILLA SUGAR RUB

Soothe, exfoliate and moisturize with organic turbinado sugar, kukui nut oil, aloe vera, vit. E and vanilla essential oil.

AVOCADO KUKUI MASK*

Moisturize and revitalize with kaolin clay, vegetable oils, organic shae butter and essential oils of vetiver and myrrh.

MOISTURIZING MACADAMIA MASK*

Rejuvenate and glow with kaolin clay, soy lecithin, shae butter, macadamia nut oil, organic calendula, vegetable glycerin, essential oils of organic lemon, ylang ylang, and mandarin.

SEA GREENS REVITALIZING MASK*

Remineralize, tone, moisturize and purify with sea plants, green clay, aloe vera, green tea extract, and the balancing essential oils of organic lavender, rose geranium and lemon.

100% natural skin care for all ages. Stock up on a collection of your favorites and host a home spa party. Free mask brush with purchase of all three masks. Stackable 4 oz. jars.

ABOUT AROMATHERAPY

Essential oils are the active ingredients in our formulas. They are rich in plant hormones, vitamins, and antiseptics. Their concentrated healing properties are to a plant what our blood is to us, a vital life force. They are the most easily absorbed skin care ingredient because of their minute molecular structure, delivering nutrients as deep as the dermal layer. Our Aromatherapy products contain medicinal quality essential oils from around the world. Inhaling them also benefits the respiratory and circulatory systems, the heart and the lungs. Breathe deep and enjoy!



3 STEPS TO EXTRAORDINARILY BEAUTIFUL SKIN, NATURALLY

TWICE DAILY: MORNING & EVENING

1. CLEANSE AND TONE
Complexion Care & Aromatherapy Toner
2. REVITALIZE
Aromatic Skin Elixir of Choice
3. MOISTURIZE
Almond Cream or Dream Cream

TWICE WEEKLY: RENEWAL FACIAL

Apply HERBAL BALM over eyes and lips to remove makeup. Make a foaming cream with a dab of COMPLEXION CARE and warm water, and massage over face. Rinse and lightly dry. Mist or pat face and neck with AROMATHERAPY TONER.

Make a thin paste with 1/2 tsp. EXFOLIATING MASK and AROMATHERAPY TONER. Brush over face and neck. Apply more thickly around lip line and areas of sun damage. Remove with wash cloth and warm water after 10 minutes. Make a thin paste with 1 tsp. SEA PLANT MASK and hot water. Add 1 dropper full of AROMATIC SKIN ELIXIR. Brush over face and neck. Relax for 10-15 minutes. Rinse and lightly dry. Mist or pat face with AROMATHERAPY TONER.

Pat 5-10 drops of AROMATIC SKIN ELIXIR over the face and neck. Finish with a fingertip amount of ALMOND CREAM or DREAM CREAM over face and neck. In a few minutes, the cream will be absorbed, leaving your skin with a revitalized glow. Mist with AROMATHERAPY TONER throughout the day with to keep hydrated and refreshed.

FACIAL CARE

COMPLEXION CARE CLEANSER

Celebrate your senses with the scent of orange groves as you cleanse and exfoliate face and body. This mild vegetable based soap is enriched with nourishing oats and regenerative essential oils. Use also as a gentle shaving cream. 3.5 oz. jar

AROMATHERAPY TONER

Balance and revitalize your skin with nourishing organic herbal extracts of witch hazel, calendula, chamomile and essential oils of rose, lemon and thyme. Mist hair and skin to hydrate throughout the day. 4 oz. mist and 8 oz. refill bottle

BALANCING SKIN ELIXIRS

Potent essential oil blends to deeply nourish and balance your skin. 1 oz. cobalt bottle

- **SENSITIVE** soothes, softens, and protects delicate, ruddy and mature complexions. Calms irritation and balances uneven skin tone with blue chamomile, lavender, frankincense and rose.
- **UNDERACTIVE** nourishes dehydrated and mature skin, stimulates cell function, activates oil glands, and restores tone with carrot seed, Egyptian jasmine, sandalwood and neroli.
- **ACTIVE** hydrates and softens normal and combination skin, increasing skin tone and suppleness with rose geranium, clary sage and neroli.
- **OVERACTIVE** decongests oily and problematic skin, calms sebaceous production, and balances acne prone skin with lavender, rose geranium and lemon.

HERBAL BALM

Fresh and dried organic herbs infused in organic extra-virgin olive oil for multiple skin uses: lip balm, eye cream, dry skin, cuticle softener, make-up remover. Accelerates healing of inflammations, itching, burns, rashes, insect bites. 1 oz. jar

ALMOND CREAM

Provides nourishing moisture and protection with essential oils of lavender, ylang-ylang, geranium and myrrh. Daily use on all skin types helps keep skin smooth and supple, revealing a smooth and vitalized face and body. 1 oz. jar

DREAM CREAM

Revitalize and rejuvenate sensitive, dry and weather exposed skin with essential oils of sandalwood, lavender, rose geranium, blue chamomile and thyme. Use nightly for face and body nourishment. 1 oz. jar

EXFOLIATING MASK

Green papaya and pineapple enzymes digest dead skin cells and dissolve pore debris. Regular use refines skin texture for a smooth and radiant complexion, offering a natural, effective alternative to alpha hydroxy (glycolic) acids. Use our brush to mix and apply. 2 oz. size - 35 treatments

SEA PLANT MASK

Nourishes, purifies and revitalizes, keeping skin firm and toned. Marine plants and algae improve cell circulation, delivering nutrients to rejuvenate all skin types. Use our brush to mix and apply. 3 oz. jar - 20 treatments

BATH AND BODY

BODY MOISTURIZING OILS

Sesame, sweet almond, apricot kernel and avocado oils are blended to promote exceptional lubricity. Use also as a bath oil, an after-shave skin and a massage oil. 4 oz. & 8 oz. bottle

JUNGLE BLOSSOMS uplifts and invigorates the senses with the essential oils of orange, rose geranium, neroli and ylang-ylang.

MOUNTAIN HERBS soothes tired muscles while relaxing the senses with essential oils of lavender, lemongrass, rosemary, oak moss and cedarwood.

HAWAIIAN ALOE SUN OIL

A breath of paradise to protect and moisturize the skin before, during, and after outdoor exposure. Fresh botanical infusions of gardenia and exotic essential oils of orange flower, vanilla bean, jasmine and tuberose. Our natural minimal sun protection is derived from aloe vera, shea butter, green coffee extract, and kukui nut oil. 4 oz. & 8 oz. bottle

ROSEMARY LAVENDER REVIVE

A well-worn, centuries old hair and skin treatment of rosemary, lavender and organic extra-virgin olive oil. The essential oils are anti-inflammatory, anti-bacterial and promote relaxation. 2 oz. bottle

APHRODITE'S NECTAR

A very concentrated moisturizer, after-shave, and a latex-safe personal aid. Scented with treasured aphrodisiac and antiseptic essential oils of sandalwood, cedar, labdanum, ambrette seed and myrrh in pure vegetable glycerin. 2 oz. bottle

The above treatments create an instant body lotion when applied over damp skin after bathing.

MOONSILK BODY POWDER

This soothing, featherlight formula is a dusting powder, facial powder, and deodorant powder, all in one. The antiseptic and purifying powders of sandalwood, myrrh and ginger are skin soothing with a scent that calms and refreshes. 4 oz. shaker

SAMPLER SET

Includes our brochure and trial sizes of Moonsilk Powder, Aromatherapy Toner, Almond Cream, Dream Cream, Exfoliating Mask, Sea Plant Revitalizing Mask, Jungle Blossoms Body Oil and Mountain Herbs Body Oil in a convenient travel bag. A great gift or introductory experience.

AROMATHERAPY AND YOU A GUIDE TO NATURAL SKIN CARE

Alexandra's book provides step-by-step directions for creating great skin-the natural way. You will learn simple techniques of aromatherapy, accupressure, and facial massage. Create your own home spa with easy to prepare kitchen cosmetics. You will revitalize your skin with these 128 pages of essential information. Printed with soy ink on recycled paper.

For a complete listing of all product ingredients please visit www.alexandraavery.com or request an ingredient listing insert.

BOTANICAL PERFUMES



These plant perfumes are worn singly or in combinations to lift your vitality. They correspond to specific elements of Nature and energetic centers or chakras of the body. Each honors the ancient wisdom in the I-Ching, book of changes. 1/8 oz. bottle and 1 oz. spray

• THE JOYOUS - AWAKE

A garden harmony of Moroccan rose, Tunisian orange blossoms, jasmine, mimosa, labdanum and sandalwood. The oracle of spring and new beginnings. Uplifting to the head and mind. AIR element.

• GRACE - ADORE

Lush, sophisticated notes of Indonesian ylang-ylang, Egyptian jasmine, carnation, clove and angelica. This is the oracle of beauty, love and justice. Warming to the heart. WATER element.

• THE AROUSING - AROUSE

A potent aphrodisiac of ambrette seed (vegetable musk), sandalwood, vanilla and frankincense. This oracle of action and strength is worn on women and men to stir personal power. FIRE element.

• INFLUENCE - ALIGN

A clean green herbal scent of oak moss, sage, vetiver, violet leaves, sandalwood and patchouli. This oracle of stability and integrity is a favorite on men and women. EARTH element.

PERFUME SAMPLER

Heighten vitality and sensuality with sample-sized vials of our four perfumes. Wear them singly or combined for fragrant well-being. A great Aromatherapy introduction for travel and gifting.

PERSONALIZED PERFUME

Your personal scent promotes overall well-being with a natural sensual appeal. Co-create your unique 'scent print' to celebrate your individuality. Alexandra designs your signature scent, drawn from a confidential personal fragrance profile. Please inquire or you can download the profile form from our website. Refillable 1/2 ounce crystal bottle, your scent is also available in a 1 oz. body spray